

Hire people with disabilities

763.520.0564

www.CourageCenter.org

Call Courage Center's experts for information on how to recruit qualified people with disabilities, or for how to make inexpensive, reasonable accommodations for your employees with disabilities.



Information 763.588.0811

TTY 763.520.0245

Fax 763.520.0577

www.CourageCenter.org



Courage Center
3915 Golden Valley Road
Minneapolis, MN 55422



How you can make a difference



Make a financial gift

Call 763.520.0542

www.CourageCenter.org/donate

Generous gifts of cash and other financial assets are crucial to keeping Courage Center's services available. More than one-third of our operating budget depends on charitable gifts, which help us stay on the cutting edge of new technologies and innovative programs and services.

You can provide philanthropic support to Courage Center in many forms: Cash gifts, made monthly, quarterly or annually; Memorials or tributes that honor a loved one or a special occasion; Planned and deferred gifts such as bequests from wills and estates; Establishing a charitable gift annuity.

Courage Center: Where generosity matters

Courage Center depends on the support of thousands of donors and volunteers to fulfill its mission of empowering people with disabilities to realize their full potential in every aspect of life.

As a non-profit organization, Courage Center works to advance the lives of children and adults experiencing barriers to health and independence. We specialize in treating brain injury, spinal cord injury, stroke, chronic pain, autism, and disabilities experienced since birth. Founded in 1928, Minneapolis-based Courage Center offers advanced technologies and innovative programs and services. Each year, more than 12,000 people of all ages and all abilities receive services from Courage Center at its locations in Golden Valley, Burnsville, Forest Lake, Stillwater, Duluth and our two camps in Maple Lake and Lake George, Minn.



Be a partner

"What can I do?" is a question we're asked often by individuals, organizations and businesses. Some of you ask because you have had a personal experience with Courage Center – perhaps a friend, family member or neighbor has benefitted from our services and you want to give back. Or, you may have no personal tie to Courage Center, but believe, as we do, that everyone benefits when we all focus on abilities not disabilities.

More than 30 percent of the cost of our services, including our well-known camps and nationally recognized sports and recreation teams, are dependent on philanthropic gifts. There are literally hundreds of ways you can give to Courage Center. The following will give you a sampling of what's possible. Take a look, then follow your heart and passion and make choices that work for you.



Donate your vehicle

763.520.0540

toll free 1.888.444.2277

www.CourageCenter.org/cars

For more than 10 years, proceeds from Cars for Courage have provided financial support for our programs and services.

Eliminate the hassle of selling or trading your car, boat, RV, motorcycle or other motorized vehicle. Our experienced staff members determine the best way to sell your vehicle for the highest possible return, maximizing your gift and tax deduction.

In 2008, 2,570 people donated 2,670 vehicles at a total value of \$2,070,739 to Cars for Courage.

Donate used clothing and household items

952.881.1100

www.CouragePickup.org

The next time you clean out your closets, you can help Courage Center. We accept donations of clean clothing of any type or size, toys, knick knacks, small household items and small appliances. It's easy – we pick up the items at your curb and leave you a receipt. Check the website for Twin City metro area zip codes that are part of our pick up area.

Volunteer or Intern

Golden Valley 763.520.0214

Stillwater 651.251.2337

Duluth 218.726.4763

www.CourageCenter.org/volunteer

Courage Center's nationally recognized volunteer program offers you opportunities to assist with direct client services, provide administrative or technical support, help with special events, raise funds, provide board or committee leadership or serve as ambassadors to educate the community about Courage Center. We invite you to join more than 2,500 Courage Center volunteers. Together, individual and group volunteers contribute nearly 80,000 hours of service to Courage Center each year, the equivalent of 37 full time employees.

Our volunteers and interns represent a wide range of ages, cultural backgrounds and abilities. Some people volunteer simply for the pleasure of sharing their time and life experiences; others volunteer as a way to explore new career options and strengthen work skills and leadership competencies.

Buy Courage Cards

1.800.992.6872

www.CourageCards.org

Indulge in the pleasure of purchasing fine art greeting and all-occasion cards while supporting Courage Center. All proceeds from the sales of Courage Cards contribute to Courage Center programs and services. Our cards feature original artwork in styles ranging from traditional to whimsical. The Courage Cards catalog showcases the work of artists from across the United States, a majority of whom are artists with disabilities.



Attend an event or be an event sponsor or volunteer

763.520.0365

www.CourageCenter.org/donate

Courage Center hosts many special events as a way to raise money for its programs and services. These include the 5K Your Way, Celebration of Courage Gala, A Toast to Courage, plus golf, bike, ski and clay shoot events. Each event relies on a bevy of volunteers, committee members and sponsors, in addition to those who participate. Check our website for upcoming events that interest you.

Advocate

763.520.0725

www.CourageCenter.org/publicpolicy

It can make a powerful difference to tell people you know about the important work Courage Center does on behalf of people with disabilities. There are several ways you can help us advocate:

Contact your elected officials. Send a letter or e-mail, make a phone call or ask to meet them face-to-face to discuss your viewpoint. Tell them to support legislation that helps people with disabilities live dignified lives. As a constituent, your legislators know that you are key to their understanding of issues important to you and the community.

Together, we can make a difference and continue to fight for the needs, rights and independence of people with disabilities.



Choose Our Services

Golden Valley 763.520.0312

Stillwater 651.439.8283

Burnsville 952.898.5700

Forest Lake 651.464.5235

We offer a comprehensive range of services for children and adults with a variety of chronic conditions, autism and disabilities. Call for more information on our rehabilitation therapies, physician clinic, pain services, transitional rehabilitation program, independent living, vocational services, community living, sports and recreation, camping and mental health services.



Attend one of our camps

1.866.520.0504

www.CourageCenter.org/camps

Residential summer camp sessions are available for children and adults with disabilities in two Minnesota locations. Camp Courage is located on Cedar Lake near Annandale, and Camp Courage North is located in Lake George, near Park Rapids.

Rent one of our camp facilities

1.866.520.0504

www.CourageCenter.org/camps

Our accessible facilities are available for overnight rental to schools, families, religious and nonprofit organizations, and government or business groups from September through early May.